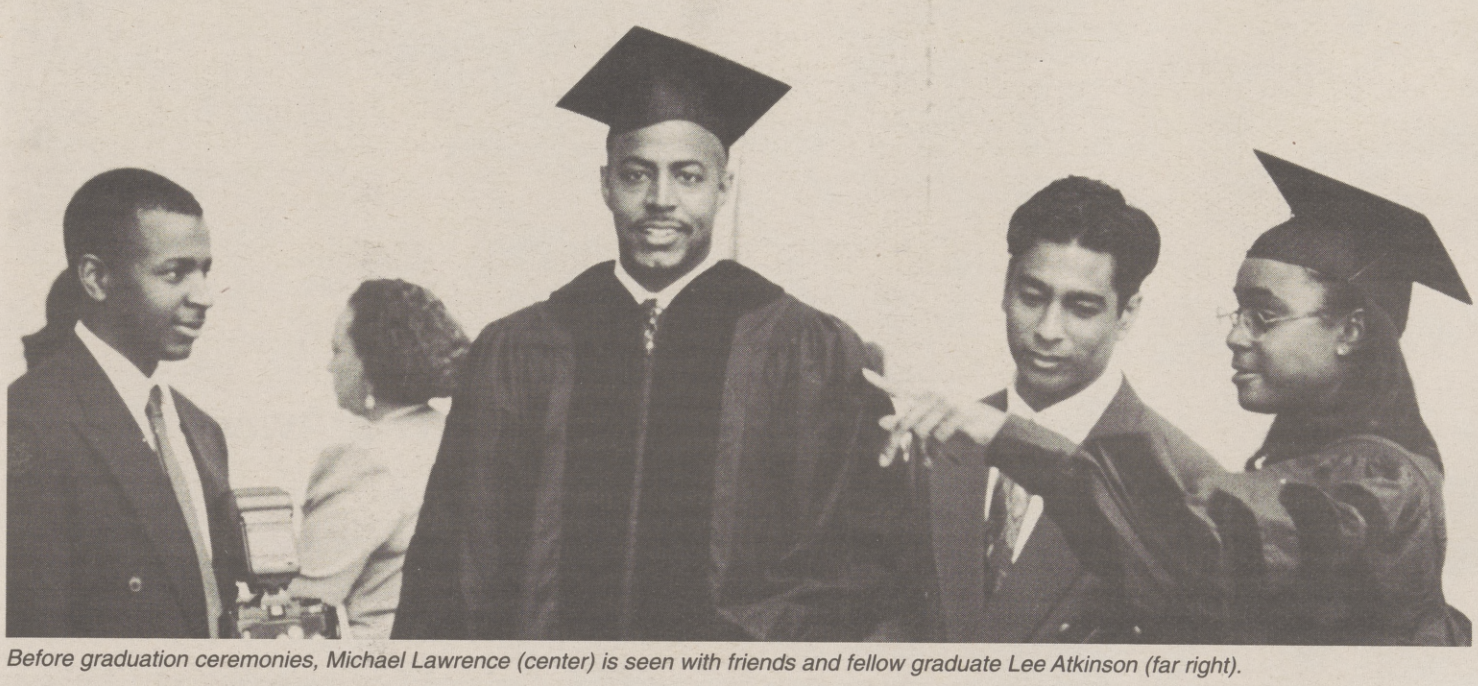
Volume 9, Number 11 June 4-24, 1994

UCSF Newsbreak



Before graduation ceremonies, Michael Lawrence (center) is seen with friends and fellow graduate Lee Atkinson (far right).

Michael Lawrence wins the Gold-Headed Cane

Michael A. Lawrence of Long Beach, CA received the prestigious Gold-Headed Cane award at the School of Medicine's commencement on May 27. It is the highest honor a graduating medical student can receive. Sara D. Canfield of Hastings-on-Hudson, NY and Tammie E. Quest of LA were runners-up for the award, and were inducted along with Lawrence into the Gold-Headed Cane Society the Wednesday evening before.

Lawrence received his BS in Physiology from UC Berkeley in 1990. He will do his residency in urology at USC. Canfield received her BA in Biology from Columbia in 1987 and plans to do her residency in pediatrics at the University of Colorado. Quest, a recent UCSF MLK award winner, received her BS in Physiology in 1989 from UC Berkeley and will do her residency in emergency medicine at Alameda County Medical Center.

Also at the commencement, where MDs were conferred on 150 graduates, the School honored five faculty with the Annual Kaiser Awards for Excellence in Teaching: Henry C. Sanchez, pathology (basic science); Brian Desmond, family & community medicine, and Harold H. Rosegay, neurosurgery (full-time clinical faculty); Ronald J. Klayton, medicine (volunteer clinical faculty); and Marc S. Shalit, internal medicine (Fresno Medical Education Program).

Excellence in Teaching Awards

The graduating class presented Excellence in Teaching Awards to: Linda D. Ferrell, pathology; Warren E. Levinson, microbiology & immunology; Daniel H. Lowenstein, neurology; Henry C. Sanchez, pathology; and Sexton D. Sutherland, anatomy.

Housestaff honored

Students honored the following housestaff for their outstanding teaching: Daniel J. Friedland, primary care-internal medicine; Paul D. Hansen, surgery; Daniel J. Lerner, internal medicine; Laura L. Norrell, ob/gyn & reproductive sciences; Wade S. Smith, anesthesia.

The John V. Carbone Teaching Award went to William P. Schecter, surgery.

(See Gold-Headed Cane on page 2)

Ganong honored by symposium/banquet

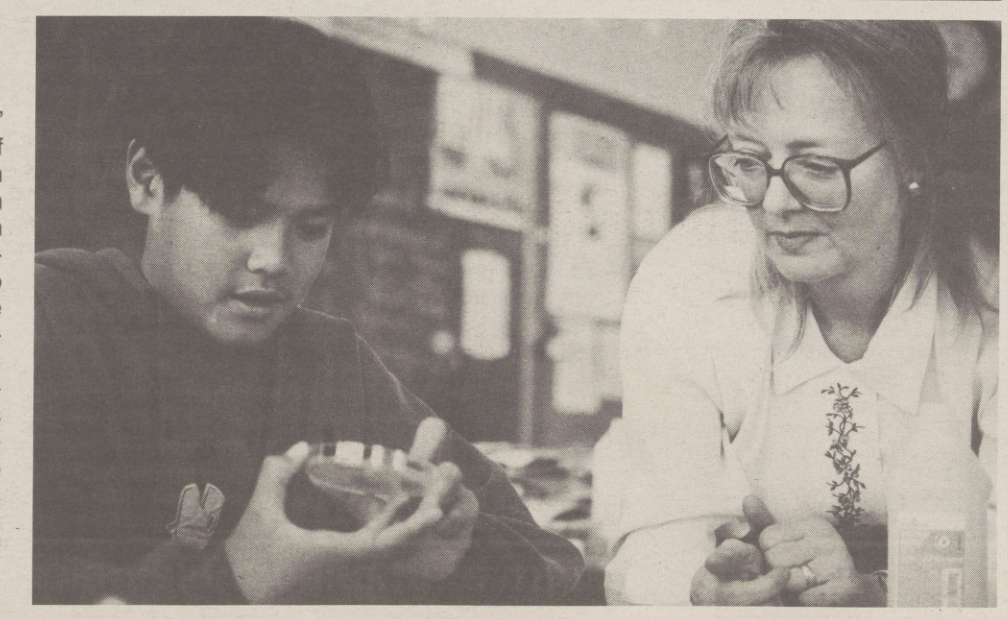
Retired professor of physiology William "Fran" Ganong will be honored by the Department of Physiology with a scientific symposium on Monday, June 20, from 9 a.m. to 5 p.m. in Toland Hall. Entitled, "The Renin-Angiotensin System: Toward the 21st Century," the symposium will feature leaders in this field who will speak on a range of topics, including the molecular biology, pathophysiology and pharmacology of the renin-angiotensin system. "The renin-angiotensin system is an important blood pressure control system which is responsible for some forms of human hypertension," explains physiologist Ian Reid, who is organizing the symposium. "New drugs which inhibit the renin-angiotensin system now are used extensively for the treatment of hypertension."

A banquet in honor of Ganong will be held that evening beginning at 6:30 p.m. at the Terrace Room of the Pan Pacific Hotel, San Francisco. The cost per person is $55.

Ganong has been a major influence in the field of endocrinology for more than three decades. Since his campus appointment in 1958, Ganong has trained more than 80 graduate students and postdoctoral fellows and has influenced several generations of medical students. His *Review of Medical Physiology*, now in its 16th edition, has been translated into 15 languages.

Commitments of $220,000 already have been received toward the endowment of a chair in Ganong's name with the Department of Physiology.

For further information on both the symposium and dinner, call 476-8371. To learn more on how to help support the endowment, call Katherine Ripley at 476-6922.



Sixth graders hunt for microbes

Marina Middle School sixth-grader Jonathan Tham (left) inserts bacteria — a piece of his hair — into a petri dish under the guidance of Sarah Little during a science project at the school on May 20. Little, an AA in Orthodontics, last semester was a student of microbiology at City College, and decided she wanted to help UCSF's Science & Health Partnership (SEP) by teaching children what she had learned about microbiology. Martin Kirk, a graduate student in the Laboratory of Skeletal Biology & Wound Healing, accompanied Little to Ms. Chong-Wolf's class of 36 students to help teach them about microorganisms. Both Little and Kirk express their thanks to staff research associate Shirley Lowe in Microbiology for donating the petri dishes.

Michael Johns is Sooy Lecturer June 24

Head and neck tumor specialist Michael M.E. Johns from Johns Hopkins will discuss "Right Sizing the Medical Workforce: Implications for Otolaryngology/Head & Neck Surgery," on Friday, June 24, at 3:30 p.m. in Toland Hall as this year's Francis A. Sooy Lecturer.

Johns is vice president for medicine and dean of the medical faculty at Johns Hopkins. Former chair of the department of otolaryngology-head & neck surgery, he is credited with building a small department into one of the largest academic departments of that nature in the country. He has an international reputation as a cancer surgeon and for his studies of the effects and outcomes of a variety of treatments, including surgery, radiation therapy and chemotherapy on improving the survival rates of patients.

A leading spokesperson on the reform of the nation's health care system, Johns is particularly noted for his innovative ideas to reform medical and postgraduate medical education, and for his leadership in defining and enhancing the role of the academic health center in our changing health care system.

(See Sooy Lecture on page 2)

AIDS touches you

By now you probably know someone who has died of AIDS, is dying from AIDS, is suffering from HIV disease, or is coping with HIV. For this year's AIDS Walk on Sunday, July 17, when you join the UCSF team, walk in honor of that person.

UCSF is again co-chair of the event. Last year over $2.6 million were raised for Bay Area AIDS organizations, including the UCSF AIDS Health Project.

AIDS isn't going away. Don't you. Please walk with the UCSF team (this year to include Chancellor Martin). To sign up, fill out the form sent to you by Chancellor Martin through campus mail, or call Martha Gerarty, UCSF's team leader at 476-4394.

Prop 1C wins community, business support

More than 50 business and community leaders, plus several key boards and organizations have come out in support of Proposition 1C, a $900 million higher education bond issue up for vote on Tuesday, June 7.

Prop 1C would bring UCSF $5.75 million to fund new fire exits and enclosures to prevent the spread of fire between buildings, a new water supply system to meet fire safety standards, and increased electrical capacity.

Funds raised by the bond measure would be shared by UC, California State University and California Community Colleges.

Supporters of Prop 1C include John F. Henning, executive secretary-treasurer of the California Labor Federation/AFL-CIO; Donald G. Fisher, chair of the Gap, Inc.; Lulann Sapp McGriff, president of the San Francisco NAACP; Jonas Salk, founding director of the Salk Institute for Biological Studies; and Steve Wozniak, co-founder of Apple Computer Inc.

Chartwell partnership expands home patient treatments

Home services for UCSF patients soon will be greatly expanded thanks to a partnership between the School of Pharmacy, the Medical Center and Chartwell Home Therapies.

The partneship provides intravenous drug treatments to patients at home, which not only can improve patient quality-of-life, but reduces or eliminates hospital stays while lowering the cost of medical care.

Common home infusion therapies include intravenous nutrition, antibiotics, antiviral therapies for AIDS patients, and some cancer chemotherapy.

Besides the patient care aspect, the partnership will benefit UCSF by providing educational opportunities to students, as well as research opportunities in alternative health care delivery, and by supporting School of Pharmacy education and research.

The School of Pharmacy's Division of Clinical Pharmacy has operated a home infusion therapy program since 1981, which in addition to providing valuable home infusion services to Medical Center patients, has become an essential element of the School of Pharmacy's clinical teaching and research program.

Chartwell Home Therapies, based in Waltham, MA, was formed in 1984 by The New England Medical Center and Massachusetts General Hospital.

The new partnership will be called Chartwell West, and each partner will share expenses and revenues equally. Chartwell West will provide services to the clientele now served by the UCSF program.

Chartwell provides its academic health center partners with expertise and corporate support in reimbursement, national and regional contract negotiations with third-party payers; with finance, accounting and management information systems; and with marketing support and business development.

The Chartwell West partnership is expected to become fully operational within three to four months. The partnership is in the process of locating a facility on the Peninsula, and has tentatively identified a site in South San Francisco.

Gazette

Honors & Awards

Brindis

Cohen

Murray

Ullyot

Claire D. Brindis: Received an Integrity Award from the Office of the Inspector General, US Department of Health & Human Services, last month in Washington, DC. She was recognized for her expert advice on national policies related to adolescent health and managed care. Brindis is associate professor, pediatrics & co-director, Center for Reproductive Health Policy Research, Institute for Health Policy Studies.

Elizabeth Aífe Murray: Won the Labor Archives Essay Contest in the SF State University Student Research Competition — Humanities and Letters, plus the California State University Student Research Competition — Humanities and Letters. Murray is administrative analyst, History of Health Sciences.

Charles A. Gooding: Made an honorary member, Chinese Radiological Society in Chongqing, China, last month. Only the third American to be so honored, he was recognized for his accomplishments in pediatric radiology, for his contributions as board member of Project HOPE in the development of a new $50 million children's hospital being constructed in Shanghai, and for his contributions to the enhancement of medical education in China as president of the Radiology Outreach Foundation. Gooding is professor & executive vice chair, radiology & professor, pediatrics.

Michael P. Busch: Received the John B. Alsever Award from United Blood Services, which operates more than 20 regional blood centers around the country. The award honors a medical researcher for outstanding contributions to transfusion medicine. Busch is associate professor, laboratory medicine.

George Gregory: Received the California Perinatal Association Annual Award for his contributions to neonatology, specifically the development of continuous positive airway pressure for the treatment of hyalin membrane disease. Gregory is professor, anesthesia & pediatrics.

Patricia Booth: Received an Award for Outstanding Dietician from the California Dietetic Association, Bay Area District. Booth is assistant director, Nutrition Services; coordinator, Dietetic Internship.

Ananda Lee: Elected a member, Sigma Theta Tau International Honor Society of Nursing. Lee is clinical nurse, telemetry care unit, UCSF/ Mount Zion.

Philip R. Lee: To be honored June 11 by the Haight Ashbury Free Clinics for the contributions he made as a member of its board. Lee, who currently is serving as assistant secretary of Health & Human Services, is on leave from his position as professor, social medicine & medicine.

George L. Kenyon: Named the Kelly Lecturer in the Department of Chemistry at Purdue University. He presented three lectures during the first week of April. Kenyon is dean, School of Pharmacy.

Jack Marshall: Winner of the PEN Center West Award for his new book of poetry, *Sesame,* published by Coffee House Press. The book also was a finalist for the National Book Critics Circle Award and the Bay Area Book Reviewers Award. Marshall is administrative assistant, School of Medicine Dean's Office.

Uri Cohen: Chosen to participate in the Research Scholars Program of the Howard Hughes Medical Institute-National Institutes of Health, also known as the Cloisters Program, where he will be performing neuroscience research. Cohen will be a fourth-year medical student upon his return to campus next summer.

Daniel J. Ullyot: Installed as president, American College of Cardiology. He also serves on the board of trustees and several committees of the College. Ullyot is clinical professor, surgery.

James E. Cleaver & **Thomas A. Prolla:** Received Alexander Hollaender Awards from the Department of Energy to support their research. Cleaver is studying transcription factor genes, while Prolla's research will develop transgenic animals with mutations in DNA repair. Cleaver is professor & associate director. Prolla is postdoctoral fellow, Laboratory of Radiobiology & Environmental Health.

Bruce M. Alberts & **Harold E. Varmus:** Elected members, American Philosophical Society, a learned society founded by Benjamin Franklin and his friends more than 250 years ago. Alberts, who currently serves as president of the National Academy of Sciences, is on leave from his position as professor, biochemistry & biophysics. Varmus is serving as director, National Institutes of Health, and is on leave from his position as professor, microbiology, biochemistry & biophysics.

In Memoriam

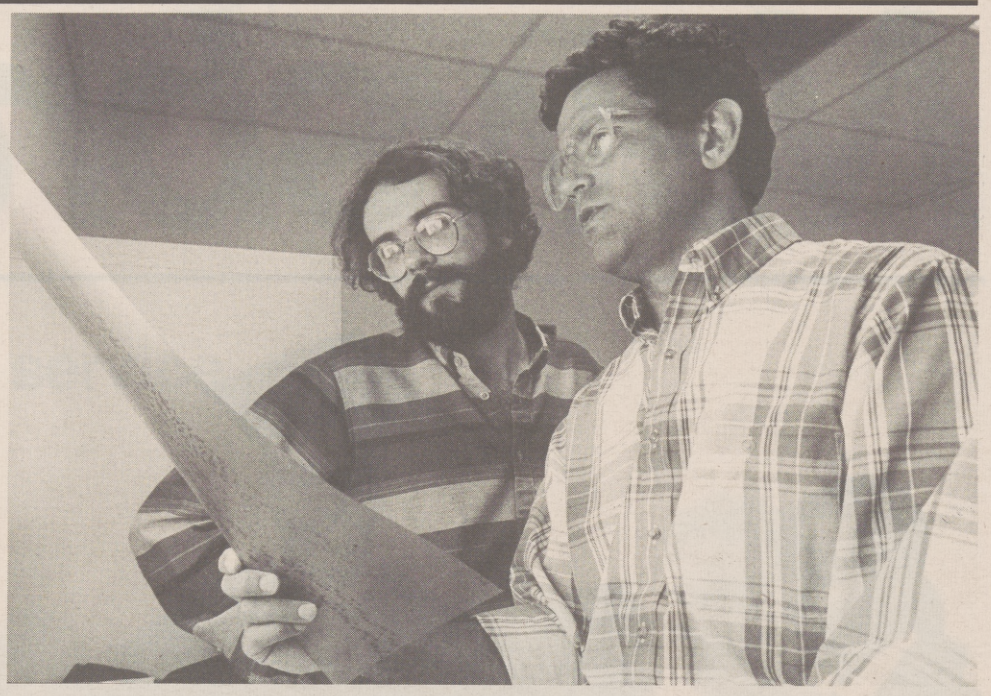
Jane W. Hewitt: Assistant clinical professor, psychiatry & coordinator, Doctor of Mental Health Program. A native of San Francisco, she attended Katherine Delmar Burke School and Stanford. She taught at inner-city schools in Chicago and Berkeley as well as for the Head Start Program in San Francisco before receiving her doctorate in mental health from UCSF in 1980. In her teaching and psychotherapy practice, Hewitt was dedicated to the under-priviledged, and through the Committee for Lay Analysis was instrumental in opening psycho-analytical training to nonmedically trained students. She was 52.

Sooy Lecturer

(from page 1)

Johns' lecture follows surgical case presentations by Otolaryngology-Head & Neck Surgery chief residents that begin at 1 p.m. The day's events are in conjunction with the department's graduating residents' banquet that evening.

Sooy was chair of the Department of Otolaryngology-Head & Neck Surgery from 1958-72. He served as UCSF's fourth chancellor from 1972-82, after which he returned to the department as a professor. An avid fan of piloting, he died in a private plane crash in 1986.



Sheppard receives Clean Air Award

Dean Sheppard (right), professor of medicine and director of the Lung Biology Center at SFGH, has received a Clean Air Award from the American Lung Association of San Francisco for his research on the health effects of pollution. Researchers in Sheppard's laboratory, including Robert Pytela (left), have shown that asthma sufferers are highly sensitive to the common air pollutant sulfur dioxide, and they have identified the key role of airway nerves in mediating this response. Their studies have had a major impact on air pollution emission standards and have contributed to current therapies for preventing asthma attacks. UCSF's Transportation Services also received a Clean Air Award from the ACS as was reported in the last issue of Newsbreak.

Grad students celebrate their research

A total of 50 poster and oral presentations were made by graduate students at this year's Graduate Student Research Day on May 19 as part of UCSF's Founders Day. The day ended with a reception, where we see one of the 38 poster presenters — Monica Weisberg (left) — of physiological nursing describing her research, "Women's MI Presentation Patterns," to another poster presenter, Marija Krstic of biochemistry. Four participating students were randomly selected to receive raffle prizes — $250 each — good for a gift certificate at the Millberry Bookstore or to be used as research conference travel reimbursement. Prize winners were Ming Guo, physiology; Kathleen Johnston, sociology; Zaijie Wang, pharmaceutical chemistry; and Brain Williams, anatomy.

Gold-Headed Cane

(from page 1)

Homecoming awards

Edward G. Biglieri '52, emeritus professor, General Clinical Research Center at SFGH, and cardiologist Elliot Rapaport '46, professor, medicine and associate dean, School of Medicine at SFGH, shared the 1994 Alumnus of the Year Award during the School's Homecoming on May 14. The award is presented to an alumnus(a) who is recognized as an outstanding physician, and for exemplary research and teaching, community service and contributions to UCSF.

Homecoming also saw a number of students receiving Academic Excellence Awards. Lisa Bakus and Kirsten Searfus shared the Sadie Berkove Award, given to an outstanding woman graduate. Jeanette Aviles received the Robert H. Crede Student Award, given to a medical student who "most exemplifies the personal and professional characteristics of a primary care physician."

The Alumni-Faculty Association Academic Excellence Awards went to Mary Ellis Pickett and Lindsay Butler Kolderup for their excellent work in all areas of medical school, while the A-FA Student Service award went to Renee Armstrong for her extensive volunteerism in the community.

Delia Morgan and Henry Youga, both members of the class of 1997, won the School of Medicine Scholarship Award, established by the class of 1952.

UCSF *Newsbreak*

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Deadline for the next issue, which will cover June 25-July 22 (four weeks), will be on **Tuesday, June 14, at 11 a.m.** Please send campus news copy to Allen Balderson (476-3163), Medical Center news to Lisa Cisneros (476-3256), and calendar and gazette items to Michele Firpo (476-3257), all at Box 0462; fax 476-3541. Last-minute copy may be taken over the telephone by calling the above telephone numbers. The University of California is an affirmative action/equal opportunity employer.

Editor: Allen J. Balderson

Medsounds: Lisa Cisneros

Calendar, Gazette editor: Michele Firpo

Desk Topper: Michele Firpo

Assistant Editor: Daniel Rowe

Contributing editors: Andy Evangelista, Patricia Forsyth, Bill Gordon, Rebecca Higbee, Corinna Kaarlela, Jeffrey Norris, Emily Pearce, Ruthann Richter, Alice Trinkl

Photography: Allen J. Balderson (1-3,6), Lisa Cisneros (7,8), Tom Wachs (3)

Judith Woodard, director, Public Affairs

Carol Fox, Jeff Miller, assistant directors, Public Affairs

SFGH begins nation's first testing of interleukin-12

The nation's first clinical trial of the recombinant human immune system modulator, interleukin-12 (rhIL-12), in a person infected with HIV has begun at SFGH.

The Phase 1 trial will assess the safety of rhIL-12 in HIV-infected persons who will be given single doses of the genetically-engineered protein, says Paul A. Volberding, director of the AIDS Program at SFGH. A parallel clinical trial will take place at the UCLA Center for AIDS Research and Education.

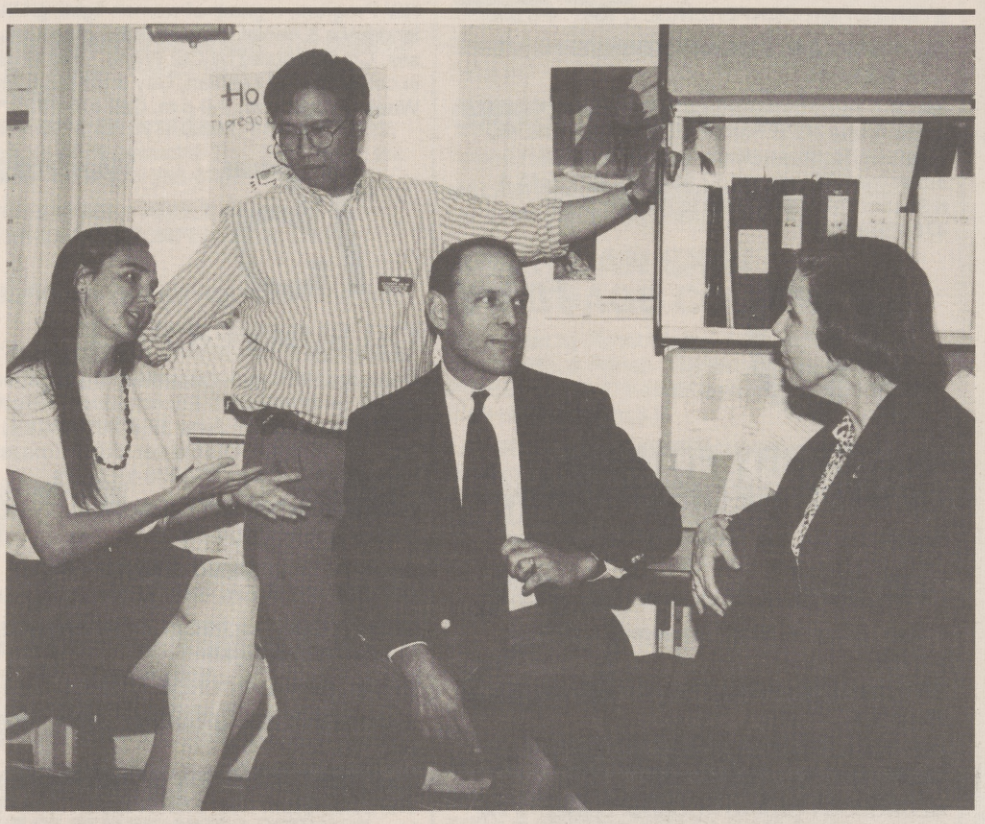
IL-12 is a recently discovered naturally occurring human protein. It is a cytokine, a type of blood protein that assists in regulating the activity and growth of immune cells. In test tube experiments of rhIL-12, resesarchers from the National Cancer Institute found that normal immune responses were restored in cells from HIV-infected patients.

The recombinant form of IL-12 is produced by Genetics Institute, Inc. of Cambridge, MA, a biopharmaceutical firm which is also sponsoring these rhIL-12 clinical trials.

The UCSF trial will be directed by Mark Jacobson, director of the AIDS Clinical Trials Group (ACTG) for the AIDS Program. Both the UCSF and UCLA trials will enroll no more than 40 patients each. In order to be eligible, participants must be HIV infected, have between 100 and 500 CD4 cells, have no acute AIDS-related illness and be on a single stable antiretroviral drug (e.g., AZT, ddI, ddC or d4T), Jacobson says.

Participants will be required to stay overnight in the General Clinical Research Center at SFGH so blood levels can be monitored for 24 hours. They will be asked to return for more blood tests five times over the next several weeks. The study will be placebo-controlled, Jacobson says, with three-quarters of the participants receiving rhIL-12 and one-quarter receiving an inert substance.

Those interested in participating may call Anna Martinson in the AIDS Program at 476-9296, ext. 84598.



Kristine Gebbie visits SFGH HIV services

Kristine Gebbie (right), the national AIDS policy coorindator, was at SFGH last week to learn about the Community Provider AIDS Training (CPAT) program particularly its "WARMLINE." This HIV telephone consultation service is the only one of its kind in the country providing health care providers with quick and relevant clinical HIV education and case consultation. Since its beginning in October '91, the number of calls has grown to nearly 5,000 a year. It's called the WARMLINE because it's not a 24-hour service. Its hours are weekdays 7:30 a.m. to 5 p.m., but voicemail is available during non-office hours — (800) 933-3413. With Gebbie are (left to right) CPAT employees Kirsten Brossier Balano, director, drug information, physician Alexander Moy and project director Ronald H. Goldschmidt. Gebbie also was the keynote speaker at the School of Nursing commencement on June 3.

Biomagnetic imaging lab opens

As UCSF turns to technology for new ways to diagnose and study disease without surgery or radiation, health care professionals here are among the first in the nation to use biomagnetic imaging.

A sort of stethoscope of the '90s, the noninvasive technique called magnetic source imaging (MSI) works by "listening to" biomagnetism, the faint electromagnetic fields generated by the metabolic workings of the brain, heart and muscle cells, explains radiologist/neurologist Howard Rowley, director of the laboratory which opened in Room 362 in Medical Sciences in March.

Located in a shielded room that shuts out electromagnetic noise from the outside, the MSI scanner acts as a giant microphone as it is positioned over the patient's body amplifying any magnetic fields in its six-inch diameter range. The signal is then transformed into computer images revealing biomagnetic fields. A standard magnetic resonance imaging (MRI) picture of the same area is then overlaid to pinpoint the exact location of any magnetic activity of interest.

For example, Rowley explains, applying pressure to the left index finger will cause a certain spot in the right side of the brain to "light up" with electromagnetic activity of the responding nerve cells. Using the resulting computer image and an overlying MRI picture of the head, researchers can see the exact spot in the brain that controls the finger's sensation.

Manufactured by Biomagnetic Technologies Inc., UCSF's 37-channel scanner will be enhanced with a second sensor with another 37 channels this fall to allow it to pick up signals from two parts of the body simultaneously. The total price tag for the new technology and room is $2.5 million, according to the UCSF site manager who works for the San Diego firm where the prototype was developed in 1989.

And although fledgling in its applications, the MSI scanner has the potential to save money by giving doctors pertinent information prior to surgery. For example, biomagnetism might be used to precisely "map" the area around a brain tumor. With the MSI reading, a doctor will be able to decide whether it is safe to operate and the best angle to approach the tumor. The technology could reduce the length of operations by decreasing surgical time needed to stimulate the brain so the patient can report resulting sensations — the technique now commonly used to guide brain surgeons. Some patients and their physicians may decide to avoid surgery in favor of other treatments if magnetic source imaging showed surgery might cause sensation loss that would severely affect daily life.

Researchers also predict the MSI can be used to find trouble spots in the brains of epileptic patients whose seizures can't be controlled by medication. Currently, electrodes are placed inside the heads of some epileptic patients to identify and localize the seizure producing area. The MSI scanner has the potential to give similar information noninvasively, Rowley says.

The technique also promises to become an important tool to diagnose and treat heart arrhythmias that cause two thirds of all sudden cardiac deaths. The MSI may enable physicians to locate abnormal pathways that are sometimes not detected by electrocardiograms. The technology may help guide cardiac electrophysiology mapping procedures and could eventually allow some patients to avoid cardiac angiograms, Rowley explains.

Mike Dragovich on 14 Long

A glimpse at the grads ... what's next?

Chinazo Cunningham, who received her medical degree last week, goes back to "the trenches" this month for more training.

Christine Settineri, a new PhD and new mother, will join a biotechnology firm, and use her expertise in mass spectrometry to analyze potential proteins for disease-fighting drugs.

Mike Dragovich, who was a Pan Am flight attendant just six years ago, now has a master's degree and will spend part of next year instructing nursing students at the Medical Center.

Each year, UCSF graduates more than 600 students who take their knowledge and skills in many different directions, but with a common goal — to improve the public's health. The School of Nursing, for example, graduates some 100 master's-qualified nurse practitioners who are specially trained to deliver primary care. Ninety-percent of all UCSF-trained dentists and pharmacists practice in California. Overall, of the more than 23,000 UCSF alumni, 80 percent work in the state.

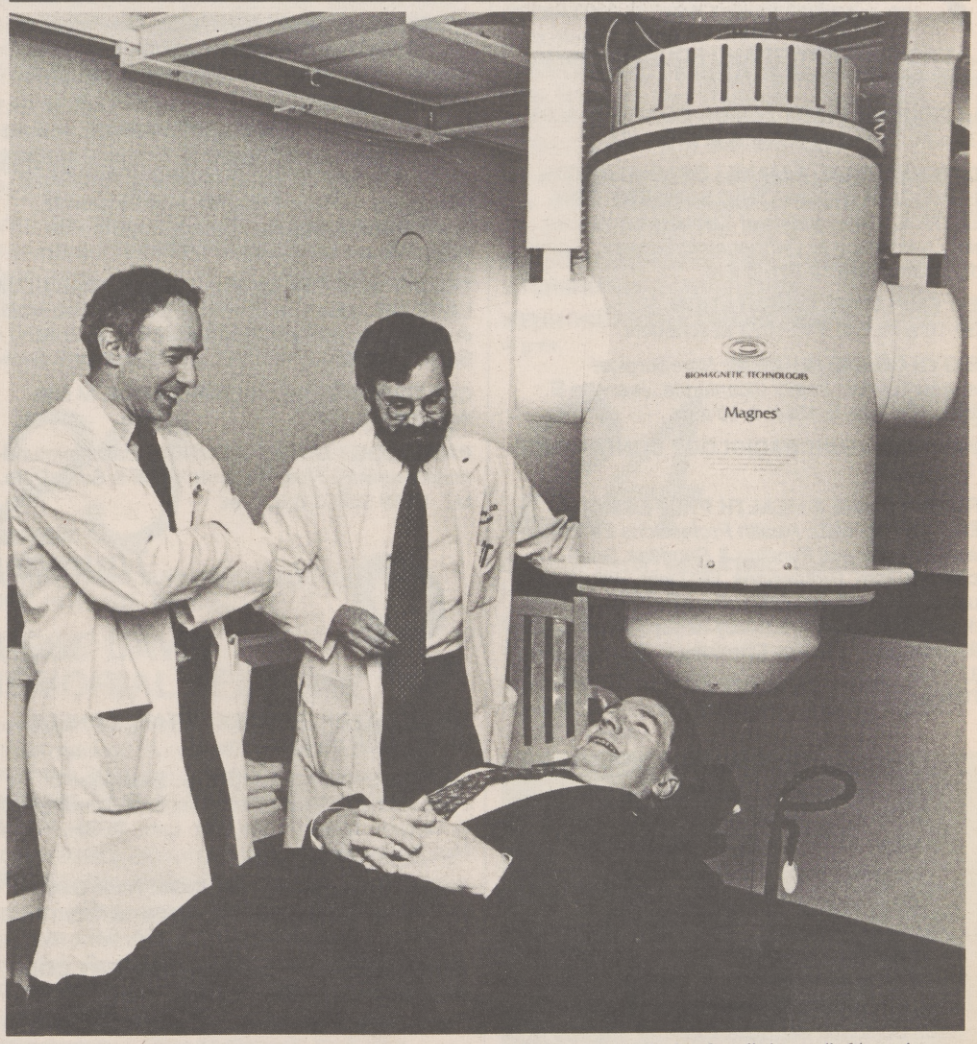
For many who have already finished or will soon end their UCSF student careers this spring, a new phase of learning begins. Cunningham in two weeks, for example, will start a UCSF residency in primary care medicine at SFGH. More than half of this year's medical school graduating class are entering residencies that may lead to careers in primary care.

Cunningham loved SFGH when doing clinical rotations there during her student days. She valued her relationship with patients there and decided to "work in the community" where she felt really needed. After the three year program, she hopes to practice in an underserved, urban area, perhaps in a county clinic.

Settineri, a graduate student in pharmaceutical chemistry for five years and cofounder of the campus group Women in the Life Sciences, weighed several career options, including staying in academia, before deciding that her expertise in mass spectrometry was much needed in the private sector, too. On May 3 she gave birth to a daughter, who came a month earlier than expected but in time to help celebrate graduation last week.

Dragovich was one of 21 of the first class of graduates of the Master's Entry Program in Nursing (MEPN). A joint venture between the School of Nursing and the Medical Center's Department of Nursing, the three-year program awards master's in nursing to students who have no previous nursing experience but have a bachelor's in another field. Dragovich, who has a business degree, entered the health care field after losing a brother to AIDS and a good friend to breast cancer. "I saw what kind of care was out there, and I wanted to be more involved in providing it myself."

He plans to become a clinical nurse specialist in geriatrics, but for now he is a nurse on 14-Long, where he cares for general surgery and transplant patients. Next year, he will be a clinical instructor for the new group of MEPN students.



At the recent opening of the lab , Ron Arenson, professor and chair of radiology, (left) and Howard Rowley practice using the Magnetic Source Imaging (MSI) scanner on James Schumacher, CEO of Biomagnetic Technologies, Inc. which manufactured the scanner.

Today/Tomorrow

4 Saturday

LOW VISION FORUM: Frances Neer, author & former UCSF professor, discusses her new book, *Dancing in the Dark.* Forums are held on the first Saturday of each month. Main foyer, ACC. 11 a.m.-1 p.m. Call Frances Neer at 626-5313 for information.*

5 Sunday

UCSF ORCHESTRA

The UCSF Orchestra joins the SF Choral Society for two performances of Beethoven's Ninth Symphony and Leonard Bernstein's *Chichester Psalms.* Co-sponsored by Millberry Arts & Performances. $10/$12/$15. First Congregational Church, Post & Mason. Sun., June 5: 3 p.m. Mon., June 6: 8 p.m. Call City Box Office at 392-4400 or BASS.*

6 Monday

INTRAMURAL REGISTRATION

Register your summer intramural team Mon., June 6-Fri., June 24. Pick up entry form and learn about mandatory captains' meetings in Millberry Fitness Center lobby. Call 476-0356 for details.

SPINE CONFERENCE ROUNDS. MU 302W. 7-8 a.m.

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

WEIGHT MANAGEMENT PROGRAMS INFORMATIONAL MEETING: Review of weight management program options available at UCSF. A 455. 12:15-1 p.m. Call 476-9987.*

LABORATORY MEDICINE GRAND ROUNDS: *CEA Antibodies: From Test Tube to Patients.* Andrew Raubitschek, Radioimmunotherapy, City of Hope Natl. Med. Cntr., Duarte, CA. L 535. 4-5 p.m.

PROGRAM OF EXCELLENCE IN MOLECULAR BIOLOGY/CVRI SEMINAR: *G Protein Structure/Function.* Henry Bourne, Med. & Pharmacol. S 1364. 4-5 p.m.

7 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *Problem Cases.* Rm. 200 1A-122, VAMC. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

COMBINED ORAL & MAXILLOFACIAL/ORTHODONTIC/ORTHOGNATHIC SURGERY CONFERENCE: *Relationship of Temporomandibular Joint Dysfunction to Orthognathic Surgery.* Michael Koury, Oral Surg. C 701. 8 a.m.

NEW EMPLOYEE ORIENTATION: S 214. 8:30-10 a.m. Call 476-1073 to schedule.

OB/GYN GRAND ROUNDS: *Non-Surgical Management of Urinary Incontence.* Jeanette S. Brown, Ob/Gyn. S 1364. 9-10 a.m.

PEDIATRIC NEURORADIOLOGY CONFERENCE. N 721. 9 a.m.

PRIMARY CARE & HEALTH PROFESSIONS SEMINAR SERIES: *Health Professions Education Research: Federal Funding & Priorities.* Brian Goldstein, Hlth. Professions, US Dept. Hlth. & Human Serv. Sponsored by the new Primary Care Education, Research & Policy Group. The series will continue on the last Thursday of each month. MU 314E. 10 a.m.-noon. Call Serena Seifer at 476-4465 for details.

THE NEXT DEADLINE

Tuesday, June 14, 1994 is the deadline for items to be lis4ted in the next calendar, which covers **June 25-July 22, 1994** (four weeks). Complete information must be received in our office in writing by 11 a.m. on that Tuesday. Mail your copy to Michele Firpo at Box 0462, call 476-3257, send a fax to 476-3541, or bring it to UCSF/Laurel Heights, 3333 California St., Suite 103.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

CAMPUS AMNESTY INTERNATIONAL MEETING: Meets the first Tuesday of each month. MU 111. Noon-1 p.m.

BIOCHEMISTRY SEMINAR: *Early Events During Auxin Action.* Sakis Theologis, Plant Gene Expression Cntr., UCB. HSW 301. 4 p.m.

EPIDEMIOLOGY & BIOSTATISTICS SEMINAR: *Cutaneous Melanoma & Postmenopausal Estrogen Use.* Elizabeth A. Holly, Epid. & Biostat. MU 427W. 4-5 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. 5:30-7:30 p.m. Call 285-6767.*

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 6-7 p.m.

WOMEN'S CENTER 10TH ANNIVERSARY LECTURE

Child of War, Woman of Peace: Le Ly Hayslip. Hear the woman on whom Oliver Stone's movie *Heaven & Earth* was based discuss her journey from Vietnam to the US & her work as a humanitarian & activist. Co-sponsored by Women's Resource Cntr. & Old Wives Tales Bookstore. $3-$10. Toland Hall. 7-9 p.m. Call 476-5222 for more information.*

8 Wednesday

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

GRAND ROUNDS IN MEDICAL EDUCATION: *An Approach to Teaching Pathology Laboratory.* Henry Sanchez, Path. S 458. 8 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

SFGH PEDIATRIC GRAND ROUNDS. Rm. 208, Bldg. 30, SFGH. 8-9 a.m.

GASTROENTEROLOGY GRAND ROUNDS: *Peptic Ulcer Disease: Helicobacter Pylori & Beyond.* Andrew Soll, GI, VA Wadsworth Med. Cntr., ULCA. S 214. 9-10 a.m.

BROWN BAG LECTURE SERIES: *Through the Looking Glass.* Psychotherapist Carol Jenkins, Russell House, discusses women's body image & its impact on self-esteem. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

PSYCHIATRY GRAND ROUNDS: *Religious & Spiritual Problems: A New Diagnositc Category in the DSM-IV.* Robert Pearson Turner, Psychr. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

ACADEMIC SENATE MEETING: *The Future of Health Sciences & Research at UC.* Walter E. Massey, Acad. Aff., Univ. Off. Pres. Toland Hall. 2-4 p.m.

LPPI CLINICAL RESEARCH SEMINAR: *Toward Higher "Carat" Gold Standards: Empirical Methods for Establishing Construct Validity of Psychiatric Diagnoses.* George Bonanno, Mardi Horowitz, Bryna Siegel & Charles Stinson, Psychr.; Are Holen, Cntr. Study Neuroses. LPPI 371. 2-3 p.m.

TRANSFUSION MEDICINE CORE CURRICULUM LECTURE: *Massive Transfusion & Decision Making in Emergencies.* Pearl Toy, Lab. Med. & Blood Bank. L 535. 3-4 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

PATHOLOGY GRAND ROUNDS: *Basic Immunohistochemistry.* Noel Weidner, Path. & Surg. Path., MZ. HSW 508. 5-6:30 p.m.

9 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Evaluation of Patients with Occult Gastrointestinal Bleeding.* Don C. Rockey, Med. & Liver Ctnr. Lab., SFGH. Toland Hall. 8-9 a.m.

PEDIATRICS GRAND ROUNDS: *Nitric Oxide & Pulmonary Hypertensive Disorders.* Jeffrey Fineman & Scott Soifer, Ped. S 664. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

*Open to the public.

OPHTHALMOLOGY GRAND ROUNDS: *Clinicopathologic Cases.* J. Brooks Crawford, Oph. Preceded by case presentations: *Pediatrics.* S 214. 8:30-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. N 729. 10-11 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

RUBBER STAMP IT

Learn how to use rubber stamps to create your own crafts. Sponsored by EMPACT! & Sunnyside Up. Millberry Conf. Cntr. 11:30 a.m.-1:30 p.m.

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. Noon-1 p.m. Call 285-6767.*

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5:15-6:30 p.m.

ARTS & PERFORMANCES' COLE HALL CINEMA: *In the Name of the Father.* UCSF students & MU members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 5:45 & 8:30 p.m. (Movies subject to change.) Call 476-2542.*

10 Friday

MILLBERRY FITNESS CENTER REGISTRATION

Register for summer classes. Millberry Fitness Desk. 7 a.m.-7 p.m. Call 476-1115.*

- Mon., June 13: UCSF students & MU members.
- Tues., June 14: UCSF employees & general public.

ORTHOPAEDIC PEDIATRIC CONFERENCE. MU 302W. 7-8 a.m.

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

NEUROLOGY GRAND ROUNDS: *Botulism & the Synapse.* Edward Cooper, Neuro. S 214. 8-9 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *Herbs & Menopause.* Richard Forish, nutritionist & naturopath. N 721. Noon-1 p.m. Call 330-5353.*

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR: *Fatty Acid Metabolism & the Pathogenesis of Hepatocellular Carcinoma.* Robert K. Ockner, GI & Liver Cntr. Library, 5th fl., Bldg. 3, Gladstone Inst. Noon.

ARTS & PERFORMANCES' COLE HALL CINEMA: *In the Name of the Father.* UCSF students & MU members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 6:30 & 9:15 p.m. (Movies subject to change.) Call 476-2542.*

13 Monday

SPINE CONFERENCE ROUNDS. MU 302W. 7-8 a.m.

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

LABORATORY MEDICINE GRAND ROUNDS: *Spaceflight Gravitational Biology & Mars Exobiology.* Philip K. Lane, payload scientist, Lockheed & NASA/Ames Res. Cntr. L 535. 4-5 p.m.

14 Tuesday

LAKESHORE CLINIC OPEN HOUSE

(See story on page 8.)

PLASTIC SURGERY GRAND ROUNDS. Rm. 200 1A-122, VAMC. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

ORAL & MAXILLOFACIAL GRAND ROUNDS: *Oral Kaposi's Sarcoma: Disease Mechanisms.* Joe Regezi, Oral Path. C 701. 8 a.m.

OB/GYN GRAND ROUNDS: *Hypertension: Whom & How to Treat.* Dorothee Perloff, Med. & Hypertension Clin. S 1364. 9-10 a.m.

PEDIATRIC NEURORADIOLOGY CONFERENCE. N 721. 9 a.m.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. 5:30-7:30 p.m. Call 285-6767.*

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 6-7 p.m.

HEALTH NET WORKSHOP: *Managing Menopause.* Claudia Lutz, Weight Mngt. & Risk Factor Reduc. Prog., & Janis Luft, Gyn., MZ. Co-sponsored by Women's Res. Cntr. Herbst Hall, MZ. 6-8 p.m. Call 476-0373. (See story on page 6.)*

WOMEN'S RESOURCE CENTER PRESENTATION: *PSSST: Doin' It Right All Night.* Lyon Martin's HIV Program, a group of women fighting HIV/AIDS ignorance & denial, discusses the pleasures of safe sex. Co-sponsored by Old Wives Tales Bookstore in celebration of Lesbian, Gay & Bisexual Pride Week. Toland Hall. 7-9 p.m. Call 476-5222.*

15 Wednesday

OU SUMMER SALE

Outdoors Unlimited offers sleeping bags, backpacks, tents, wetsuits & much more. June 15 & 16: 40% off local retail; June 17 & 20: 50% off; June 21: 60% off. OU Center, 533 Parnassus, near 4th Ave. Call 476-2078 for hours.*

SURGERY MORBIDITY & MORTALITY CONFERENCE. Toland Hall. 7-8 a.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

SFGH PEDIATRIC GRAND ROUNDS. Rm. 208, Bldg. 30, SFGH. 8-9 a.m.

GASTROENTEROLOGY GRAND ROUNDS: *Liver Transplantation: Cost Effectiveness.* John R. Lake, Liver Transpl. Prog. S 214. 9-10 a.m.

BROWN BAG LECTURE SERIES: *Knife Under Fire.* Brian Andrews, Neurosurg. & author, discusses the need for professionals to balance their ambitions on work, love & life. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

OCCUPATIONAL & ENVIRONMENTAL GRAND ROUNDS: *Violence in the Workplace.* Robert Harrison, Med. Conf. Rm. 3, Alta Bates Med. Cntr. Noon-1 p.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Injections & Low-Back Pain Management.* Sunita Jayakar, private practice. Cafe Conf. Rm., 2nd fl., Santa Clara Valley Med. Cntr. Noon-1 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

DEPARTMENT OF NURSING CULTURAL DIVERSITY ENHANCEMENT COMMITTEE MEETING: Open to all medical center & campus members. M 169. 3 p.m. Call Diane Ayers at 476-5621.

AMERICAN CANCER SOCIETY JAIL-A-THON

Volunteer to be locked up and raise bail for cancer research. 4-6 p.m. Call Pat Larson at 476-1942. (See story on page 6.)*

TRANSFUSION MEDICINE CORE CURRICULUM LECTURE: *HLA Typing & Paternity Testing.* Herbert Perkins, Med. & CRI. L 535. 4-5 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

PATHOLOGY GRAND ROUNDS: *Post-Sophomore Fellows Presentations.* HSW 508. 5-6:30 p.m.

GREAT EXPECTATIONS PROGRAMS FOR PARENTS FILM SERIES: *Childbirth: An Introduction.* Video presentation of *Welcome to the World* and discussion about resources for childbearing. A 326. 7-8:30 p.m. Call 476-6667.*

16 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Anca-Positive Renal Disease.* Martha L. Graber, Med. & Neph. Toland Hall. 8-9 a.m.

June 4-24, 1994

PEDIATRICS GRAND ROUNDS: *Transfusion Practices & Erythropoietin Therapy in Preterm Infants.* Roderic Phibbs & Kevin Shannon, Ped. S 664. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

NUCLEAR MEDICINE GRAND ROUNDS: *Analyzing Myocardial Perfusion & Kinetics Using Gated SPECT.* Michael L. Goris, Rad. & Nuc. Med., Stanford. LPPI Aud. 8:30 a.m.

OCCUPATIONAL & ENVIRONMENTAL GRAND ROUNDS: *Lymphoma & Herbicides.* Philip Bierman, Occ. & Env. Med., U Nebraska. M 989. 9-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. N 729. 10-11 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

GERIATRIC NOON CONFERENCE: *Gait Disorder.* Kenneth B. Fechtner, Rehab. Serv., MZ. Herbst Hall, MZ. Noon.

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. Noon-1 p.m Call 285-6767.*

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 4 p.m.

WEIGHT MANAGEMENT PROGRAMS INFORMATIONAL MEETING: Review of weight management program options available at UCSF. A 413. 7-7:45 p.m. Call 476-9987.*

17 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

NEUROLOGY GRAND ROUNDS: *Extensor Posturing.* John Engstrom, Neuro. S 214. 8-9 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *Get Off the Diet Yo-Yo.* Sara McCracken & Joanie Misrack, Interior Design Nutritionals. N 721. Noon-1 p.m. Call 330-5353.*

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR: *Role of the EDA-Containing Fibronectin Splice Variant in Wound-Healing & Hepatic Fibrosis.* D. Montgomery Bissell, Med. & Liver Cntr. Lab., SFGH. Library, 5th fl., Bldg. 3, Gladstone Inst. Noon.

18 Saturday

TWO COMMENCEMENTS

UCSF honors students of the Class of 1994 at the following ceremonies.

- School of Pharmacy Commencement. Bowl of Hygeia to be presented. Masonic Aud. 11 a.m.
- School of Dentistry Commencement. Gardner Award to be presented. Masonic Aud. 4 p.m.

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms — X-rays to screen for breast cancer — from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physician to have the mammogram, in addition to their doctor's full name, address (including room number & zip) and phone number to assure that results are mailed promptly. The procedure takes approximately 20 minutes and costs $60. To make an appointment call 476-2193 between 9 a.m. & 3 p.m.*

Because the service has become so popular and appointments are filled by the time this calendar is published, we list only dates when the van will be at UCSF locations and when appointments are still available:

- Fri., June 17: UCSF/Mount Zion Lakeside Senior Medical Center. 2501 Ocean Ave. (near Eucalyptus).
- Fri., July 1: UCSF/Parnassus at Medical Center Way.

19 Sunday

CHILDREN'S HEALTH EXPO

Features workshops for parents, plus exhibits & hands-on activities for kids. Get information about pacifiers, medicine, pediatricians & more. Co-sponsored by Mount Zion Health Systems & UCSF/Mount Zion. Congregation Emanu-El, Arguello & Lake Sts. 1-4 p.m. Call 386-2788.*

20 Monday

SPINE CONFERENCE ROUNDS. MU 302W. 7-8 a.m.

GANONG HONORED

Toland Hall. 9 a.m.-5 p.m. (See story on page 1.)

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

AMERICAN SIGN LANGUAGE COURSE

Sponsored by Rehabilitation Serv. Admin. & Inst. Mental Hlth. & Rehab., Center on Deafness. Call Peter Lipson at 476-4980 (voice), 476-7600 (TTY). (See story on page 6.)*

LABORATORY MEDICINE GRAND ROUNDS: *Modern Nuclear Medicine in Evolution: From Organ Physiology to Molecular Genetics.* Robert J. Lull, Lab. Med., SFGH. L 535. 4-5 p.m.

21 Tuesday

PLASTIC SURGERY GRAND ROUNDS. Rm. 200 1A-122, VAMC. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

ORAL & MAXILLOFACIAL GRAND ROUNDS: *Residents Forum.* C 701. 8 a.m.

NEW EMPLOYEE ORIENTATION: S 214. 8:30-10 a.m. Call 476-1073 to schedule.

PEDIATRIC NEURORADIOLOGY CONFERENCE. N 721. 9 a.m.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

MOUNT ZION BROWN BAG LECTURE SERIES: *Management of Truncal Varicosity.* Robert Allen, Surg., MZ, discusses treatment of varicose veins & venous disorders. Sponsored by Campus Tours/Speakers Bureau. Herbst Hall, MZ. Noon. Call 476-4394 for information.*

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. 5:30-7:30 p.m. Call 285-6767.*

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 6-7 p.m.

TREATING THE DEAF

Multicultural Issues in Treatment. Call Elizabeth S. Charlson at 476-7099 (voice/TTY) or Peter Lipson at 476-4980 (voice), 476-7600 (TTY) before June 13 to pre-register. (See story on page 6.)*

22 Wednesday

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

GASTROENTEROLOGY SPECIAL SEMINAR: *Innovative Treatment of Fulminant Hepatic Failure in a Child.* Philip Rosenthal, Ped. GI & Nutr., Liver Transpl. Prog., Cedars Sinai Med. Cntr., UCLA. S 214. 8-9 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

SFGH PEDIATRIC GRAND ROUNDS. Rm. 208, Bldg. 30, SFGH. 8-9 a.m.

GASTROENTEROLOGY GRAND ROUNDS: *Screening for Colon Cancer: Is There Still a Place for Fecal Occult Blood Testing?* James Allison, Kaiser Permanente, Oakland. S 214. 9-10 a.m.

ONGOING SUPPORT GROUPS/MEETINGS

MONDAY

JEWISH WOMEN'S DIALOGUE GROUP: Meets every other Monday. Call 476-6423 for meeting dates & locations.*

FRIENDS OF LOIS AL-ANON MEETING: Closed meeting: for friends & families of alcoholics only. Conf. Rm. A, 3rd fl., MCB. Noon.*

UCSF AIDS HEALTH PROJECT MEDITATION & SELF-HYPNOSIS WORKSHOP: Weekly discussion group for anyone dealing with HIV or AIDS in themselves or others. Gazebo Rm., Davies Med. Cntr. 7-9 p.m. Call 476-3902.*

TUESDAY

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

SFGH CIRCLE OF SISTERS: Networking forum for black women working & studying at UCSF/SFGH. Meets monthly. Call 476-5222.

NURSES' PAIN ASSOCIATION MEETING. Meets the second Tuesday of the month (except this month — meeting is on Tues., May 17). S 22. 5:30-7:30 p.m.*

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

PARKINSON'S DISEASE EDUCATION & SUPPORT GROUP: For people with Parkinson's & their caregivers. Third Tues. of the month (except August). Christ Church, Lutheran, 1090 Quintara (at 20th Ave.). 2-4 p.m. Call 476-9276.*

BRAIN TUMOR SUPPORT GROUP: First Tues. of the month. S 758. 7:30-9 p.m. Call 296-0404.*

WEDNESDAY

GAY, LESBIAN, BISEXUAL ASSOCIATION AT UCSF MEETING: Meets third Wednesday of each month. S 18. Noon-1 p.m. Call hotline at 282-9650 for more information.

LATIN AMERICAN CAMPUS ASSOCIATION MEETING: Meets second Wednesday of each month. HSW 508. Noon. Call Al Lopez at 476-1334.

LATIN WOMEN COALITION: For Latina faculty, staff & students. Noon-1 p.m. Call Betty Jerez at 476-7117 for meeting places & dates.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. Observers welcome. C 417. Noon-1 p.m.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. Conf. Rm. A, 3rd fl., MCB. 12:05 p.m.*

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Help-line also provided daily, 7 a.m.-10 p.m. at 759-7923.*

DIRECTIONS: A support/education group for newly diagnosed breast cancer patients. 4th fl. lounge, 2356 Sutter, UCSF/Mount Zion. 5-6:15 p.m. Call 885-7529 or 476-5555.*

EATING DISORDERS SUPPORT GROUP: Open to anyone dealing with an eating disorder in themselves or others. First & third Wednesday of each month. M 688. 7-8:30 p.m. Call 332-3425.*

CO-DEPENDENTS ANONYMOUS MEETING: A twelve-step program for people who have dysfunctional long-term relationships. Meets every Wednesday. LP 01 (LPPI basement). 8-9:30 p.m. Call 432-3529.*

"AT THE HEART OF IT" CARDIAC SUPPORT GROUP: For heart patients experiencing fear, anxiety, confusion & stress. A six-week series. Call Kathleen Congdon at 885-7227.*

SUPPORT GROUP FOR FAMILY/FRIENDS OF THOSE WITH MENTAL ILLNESS: Open to anyone interested in learning more about psychiatric disorders & their treatments. Call Laura Deering-Mayclin at 476-7394 for more information.*

THURSDAY

LESBIAN LUNCH GROUP: Monthly on Thursdays. Call 476-5222 for meeting dates & locations. (Group will not meet during summer months.)*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A222. 6 p.m.*

SUPPORT GROUP FOR WOMEN LIVING WITH LIFE-ALTERING ILLNESS: Alternate Thursdays. 6-8 p.m. Call 775-2854 to preregister & for meeting locations.*

FRIDAY

CIRCLE OF SISTERS: Networking forum for black women working & studying at UCSF. Most Fridays. Noon-1 p.m. L 535. Call 476-5836.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. C 417. 12:10-1 p.m.*

LAKESIDE SENIOR MEDICAL CENTER CAREGIVER SUPPORT GROUP: Meets on the first Friday of each month. $10 per meeting. 2501 Ocean Ave. at Junipero Serra. 2-4 p.m. Call Edith Kaplan at 986-2305.*

MOUNT ZION VOLUNTEER ORIENTATION: To acquaint new & potential volunteers with opportunities available at UCSF/Mount Zion. Herbst Hall, MZ. 9-11:30 a.m. Call 885-7353.*

BROWN BAG LECTURE SERIES: *Gamma Knife Radio Surgery.* Michael McDermott, Neurosurg. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

LIVER CENTER SEMINAR: *Bilirubin, Metabolism & Measurement in Children.* Philip Rosenthal, Ped. GI & Nutr., Liver Transpl. Prog., Cedars Sinai Med. Cntr., UCLA. HSW 303. 5-6 p.m.

PATHOLOGY GRAND ROUNDS: *Post-Junior Fellows Presentations.* HSW 508. 5-6:30 p.m.

23 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

JESSE DAVIS MEMORIAL LECTURE

Ventricular Tachycardia in Coronary Artery Disease: Pathophysiologic Substrate & Treatment. Mark E. Josephson, Med. & Electrophysio., Harvard & Beth Israel Hosp. Sponsored by Dept. Med. Toland Hall. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

PEDIATRICS GRAND ROUNDS: *Neonatal Hypotoxic Ischemic Encephalopathy.* A. James Barkovitch, Rad. & Ped.; Donna Ferriero, Neuro. & Ped.; Augusto Sola, Clin. Ped. S 664. 8-9 a.m.

NUCLEAR MEDICINE GRAND ROUNDS: *Graves Ophthalmology.* I. Ross McDougall, Rad., Nuc. Med. & Med., Stanford. LPPI Aud. 8:30 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. N 729. 10-11 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

MISSION CENTER BROWN BAG SERIES: *Aging & Its Modifiers.* Meg Wallhagen, Physio. Nurs. Rm. 125, MCB. Sponsored by Campus Tours/Speakers Bureau. Noon-1 p.m. Call 476-4394.*

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. Noon-1 p.m. Call 285-6767.*

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 4 p.m.

24 Friday

ORTHOPAEDIC PEDIATRIC CONFERENCE. MU 302W. 7-8 a.m.

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

NEUROLOGY GRAND ROUNDS: *The Neurology of High-Altitude Climbing.* Claude Hemphill, Neuro. S 214. 8-9 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *How A Healthy Spine Contributes to Healthy Organs.* Julie Carlson, chiropractor. N 721. Noon-1 p.m. Call 330-5353.*

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR: *Signal Transduction by Tyrosine Kinases.* Jaime Escobedo, Med. & CVRI. Library, 5th fl., Bldg. 3, Gladstone Inst. Noon.

SOOY LECTURE

Toland Hall. 3:30 p.m. (See story on page 1.)

Teaching the basics to save lives

Amidst the squealing of monkeys and the screeching of birds, about 1,300 people at the San Francisco Zoo learned CPR on May 22. Sponsored by UCSF's Center for Prehospital Research & Training (CPRT), and the Zoo among others, the day provided a fun, family-oriented setting to learn the basics of cardiopulmonary resuscitation (CPR). This second annual Save-a-Life Sunday offered five language-specific sites — two in Spanish, two in Cantonese and one in Tagalog for those who preferred to be trained in their native tongue. Above, Ahimsa Sumchai, assistant physician with CPRT, teaches some of the dynamics of saving a life to sixth-grader Alena Meas of San Francisco. The next CPR training will be on Save-a-Life Saturday at Candlestick Park on September 3.

Medical call board

Crohn's Disease, Ulcerative colitis

Patients with Crohn's Disease are needed to participate in a clinical study to evaluate an investigational drug. Treatments or procedures in the study will be free to volunteers. A reimbursement of up to $500 will be offered to study participants.

In another study, patients with ulcerative colitis are needed to participate in a clinical study to evaluate the drug, Balsalazide Colazide. Medication, clinic visits and laboratory tests related to the study are free.

For more information, call the UCSF Center for Inflammatory Bowel Disease at 502-4444.

Chronic pain

Those who suffer from chronic pain caused by surgery, viruses, disease or damage to the nervous system, may be eligible to participate in a study at UCSF. Researchers at the Pain Clinical Research Center are looking for participants to join treatment programs that study the causes of pain and how to reduce it. Participants must be in stable physical and mental health, able to read English and at least 18 years old. Participants must not have an immune system disorder. For more information, call 476-0418.

Women with asthma

Women with asthma are needed for a research study examining the risk factors of the condition. Funded by the National Institutes of Health, the study is an attempt to rectify the inadequate attention women's health issues have received from professionals and the government. Little information exists about how women specifically experience asthma. The study will be conducted by Daniel Adelman and Richard Shames in the Division of Allergy and Immunology. Eligible participants must be women between the ages of 18 and 40 who suffer from asthma symptoms at least weekly and do not smoke or take birth control pills. For more information, call Anne Sondheim at 476-0848, ext. 2.

Glaucoma-related blindness

Volunteers are needed for a study to determine whether the blinding disease glaucoma can be delayed or prevented with the early use of prescription eye drops now commonly used to forestall further eye damage in patients with the disease. People between the ages of 40 and 80 who have ocular hypertension, a higher than normal pressure within the eye that places them at risk for glaucoma, may be eligible. Glaucoma results when excess pressure damages the optic nerve, which carries visual signals from the eye to the brain. For more information or to schedule a free screening, call ophthamologist Michael V. Drake or study coordinator Peggy Yamada at 476-3711.

Bilateral osteoarthritis

People with bilateral osteoarthritis are needed to participate in a paid study through UCSF at SFGH. The study will test the drug ARTZ. For more information, call 206-6643.

Bookstore offers notary services

The Millberry Bookstore now offers notary public services. A notary is available weekdays from 9 a.m. to 5 p.m. The charge for basic notary services is $10 per signature. Services can be paid for by cash, check, credit card or charged to a department.

Office relocates

Student Placement has moved and is now part of the Student Financial Services Office, formerly called the Financial Aid Office. The telephone number, 476-1111, remains the same. The new location and mail box are: 500 Parnassus Ave., MU 201, Box 0246.

Get arrested

Volunteers are needed for UCSF's participation in the first annual Bay Area Jail-a-thon on Wednesday, June 15, 4-6 p.m., to benefit the American Cancer Society.

Patricia Larson of physiological nursing will serve as a warden in the fundraiser that involves mock arrests, trials and imprisonment in temporary jails throughout the Bay Area. The goal is to raise $1 million to support education programs, services to cancer patients and medical research. For more information, call 1-800-200-JAIL or Larson at 476-1942.

Learning to relax

A Relaxation Training/Stress Management course will be offered this summer to teach how to find relief from anxiety, insomnia, upset stomach and other stress-related symptoms.

Two classes will be offered on Thursdays from 2 to 4 p.m. and from 6 to 8 p.m. from June 28 through August 16 in Rm. A-455, fourth floor of the Ambulatory Care Center.

During the 8-week course, participants will learn breath control and deep muscle relaxation techniques for calming the body; cognitive therapy and meditation techniques to control negative thinking; and visual imagery and self-hypnosis methods for relaxation.

Participants will get group support and will be required to practice the techniques at home. Medical/Medicare are accepted; Health Net members can co-pay by referral from primary care only.The cost for self-pay is $39 per 2-hour session. For more information, call psychologist Alexandra Gaughan at 476-6100, ext. 80166.

Streamlining the hiring process

Able to scan 1,000 pages of resumes per day, a super-powered software program will streamline UCSF's hiring process.

Resumix, an applicant-screening program, will provide a faster, more economical way to track and process resumes and cover letters. It will decrease the time it takes to fill jobs when it goes on-line this summer.

"We are turning to technology to help surmount the high volume of resumes and cover letters — up to 50,000 a year — submitted to the Personnel Department," says Catherine Pedersen, project manager and senior employment officer.

Resumix will provide the front-line sorting of applicant data currently done by staff. Using an optical scanner to input resumes and cover letters, the program extracts key information including skills, job titles, years of experience and academic degrees, and automatically matches candidates to job openings. It also tracks applicants through the hiring process.

Although Resumix will make the first cut among thousands of job applicants, managers and recruiters still will play the major role in the hiring process, says Randy Lopez, director of personnel services. "There will still be human interaction when we review candidates."

The program will make it easier for several people to review resumes simultaneously since the exact image of the original document will be on-line along with a summarized version. Hard copies can be printed out and faxed to departments.

Using the system will give recruiters more time to search for candidates at job fairs and colleges and to visit departments to understand their business needs, says Laura Rosenberg, manager of staffing.

For job seekers, the Resumix revolution means they should rethink the way they write resumes. For example, it's important to include as many key words — even industry jargon — on resumes because the computer ranks applicants by how well they meet specific job criteria. Applicants will be asked to mail or fax plain and concise resumes, free of fancy fonts or graphics that can confuse the computer.

"The advantage to applicants is that they will only have to submit one resume," Pedersen says. Applicants may be automatically considered for positions as they become available since resumes will remain on file for some time.

Workshops to stay healthy

A seminar on "Managing Menopause" will be held from 6 to 8 p.m. Tuesday, June 14, at Herbst Hall, UCSF/Mount Zion Hospital.

Co-sponsored by UCSF Health Net and the UCSF Women's Resource Center, the seminar will discuss the physical and emotional changes women can expect during menopause and beyond. Participants will learn how to maintain health and wellness and what treatment options are available.

Janis Luft, a nurse practitioner and researcher, will talk about specific issues related to menopause, including the risks and benefits of hormone replacement therapy. Claudia Lutz, coordinator of the UCSF Weight Management and Risk Factor Reduction Program, will discuss changes in women's nutritional needs.

Another workshop, called "Playing it Safe: Sex and STDSs in the '90s," will be held from 6 to 9 p.m. Tuesday, June 28, in Toland Hall.

This workshop will give participants an opportunity to learn in a safe, supportive environment about the various sexually transmitted diseases and ways to stay safe, including use of sex toys.

Both workshops are free and open to the public. For more information on either workshop, call Julie Torgeson at 476-0373.

Courses for those working with deaf

The UCSF Center on Deafness, Institute on Mental Health and Rehabilitation in the Department of Psychiatry is sponsoring several courses this summer. They include:

- "Multicultural Issues in Treatment," a workshop series for mental health and rehabilitation service providers working with deaf and hard-of-hearing clients. The course runs from 7 to 8:30 p.m. on Tuesdays, June 21, June 28, July 12, July 19 and July 26 at the Laurel Heights campus, Regents Room. Cost is $30 for the series or $10 per lecture, if registered by Monday, June 13.
- "American Sign Language," a six-week course for beginners to run from 3:30 to 5 p.m. from June 20 through July 29 on Mondays, Wednesdays and Fridays at LPPI, Room 10. The course, open to the public, will be taught by Frank Lester, a social worker who is deaf. Cost is $175.

Other courses open to faculty and staff are: "Deaf Culture," "Psychosocial Aspects of Deafness," "Psychosocial Rehabilitation with the Deaf" and "Hard-of-Hearing Clients."

For more information, call Elizabeth Charlson, Center on Deafness, 476-7099 Voice/TTY or Peter Lipson, 476-4980 Voice, 476-7600 TTY.

E-mail directory

Finding electronic mail addresses for UCSF employees is as close as your keyboard.

The UCSF Electronic Directory, a campus listing of E-mail addresses, phone numbers and mailing addresses, is now available from ITS CMS and UNIX computers, Macintosh and personal computers with network access and software. The directory contains current information on staff and faculty because Campus Locator Services (CLS) downloads updated information to the system. But it does not include students yet.

For help accessing the directory, call 502-4347 or send E-mail to consult@ucsfvm.ucsf.edu. On-line help is available for UCSFYI in CMS or UNIX.

Searle Program supports research

UCSF has been invited to submit two nominations for the 1995 Searle Scholars Program. This program offers awards of $180,000 ($60,000 per year for three years) to support research by junior faculty during the early years of their careers.

To be eligible, applicants must be junior in-residence or ladder rank faculty who: began their first appointment as ladder rank or in residence assistant professors on or after July 1, 1993, and are pursuing independent research careers in biochemistry, cell biology, genetics, immunology, neuroscience, pharmacology, and related areas in chemistry, medicine and the biological sciences.

Applications must be submitted to Academic Services, Box 0400, Room S 115, by Monday, August 15.

To facilitate the campus review process, applicants must submit five copies of the application and provide three copies of not more than five publications related to the proposed research. Applicants must also submit three letters of reference including one from doctoral and postdoctoral mentors, or from similarly placed individuals who are acquainted with their research achievement and potential, preferably from outside UCSF. These letters should be mailed directly to: Director, Searle Scholars Program, 222 North LaSalle St., Suite 1444, Chicago, Illinois, 60601. Applicants must make sure that these letters are received by the Searle Program by Friday, September 30.

For more information about the campus process and an application, call Academic Services, 476-5742 or 476-1881.

New therapy group for lesbians

The Langley Porter Psychiatric Institute is starting a long-term psychodynamic insight-oriented therapy group for lesbians in July.

Serving about 120 people in 21 different therapy groups, this is the first time the LPPI is offering one specifically for lesbians.

Therapy sessions will explore issues in lesbian relationships.

Fees will be based on an income-based sliding scale, according to Elaine Lonergan, therapy group coordinator.

The group will be co-led by UCSF psychiatric residents.

For more information or to join the therapy group, call Lonergan at 476-7442.

Medsounds Continued

Auxiliary volunteers: Working as "partners in patient care"

At the recent opening of the Krevans Solarium, remodeled with Hospital Auxiliary funds for the use of patients and their families at the UCSF Medical Center are (left to right) Terrell Wilson, assistant in hospital building management; Julius Krevans, Chancellor Emeritus; Lili Lim, auxiliary president and Patricia Krevans, longtime auxiliary member. The room, L 1149, was dedicated to the Krevans for their support of the auxiliary.

The Auxiliary at UCSF/Mount Zion held its annual "Crystal Ball" May 7 at the GiftCenter in San Francisco. The event garnered $50,000 to help patients get mammograms and educational materials at the Breast Care Center at UCSF/Mount Zion. Guest of honor was San Francisco City Attorney Louise Renne (second from left), who stands with, (from left to right,) Helen Ripple, director of nursing; Jacqueline Lowenberg, president of the Auxiliary and Paul Renne.

Transplant *(from page 8)*

donor Joseph "Joe" Lucas, 45, of Tarzana, CA and Tracy through the NMDP was slim. But as the registry's pool of potential donors grows, the chances of finding a match between unrelated people improve.

Most patients turn to family members for bone marrow, but Tracy had no other choice. She was adopted.

The close match between Tracy and Joe has them wondering whether they could actually be related. "We could be brother and sister," Joe says. "He's from New Jersey. That's where my birth mom was from," Tracy adds.

Linker says Tracy "had a perfect genetic match" based on the tests they conduct, but that doesn't mean they're kin.

Still, the two treated each other as family when they met the first time last month during an event sponsored by the American Red Cross. "It was unbelievable," says Joe, a vice president for Paramount Pictures. "There wasn't a dry eye in the place, but it was a very happy moment. My wife said I had the same look on my face when I found out about the birth of my two children. In a funny way it's almost the same thing — giving the gift of life." Despite feeling sore after donating the marrow, Joe says he would "do it again."

While the average lifespan for patients with that form of cancer is 3 to 4 years, Tracy has a chance to be cured from leukemia, a progressive, malignant disease of the blood-forming organs.

Tracy Van Ryswyk and Joseph Lucas at the American Red Cross dinner.

At risk of suffering from complications, Tracy is taking medications. Her recent check up shows she's in remission.

"She's doing excellently," says Sharon Coleman, a nurse in the hematology/oncology division.

Performing about 100 bone marrow transplants a year, UCSF continues to be a national leader in bone marrow transplantation. For more information on the NMDP, call 1-800-MARROW-2.

Volunteers *(from page 8)*

Roosevelt Middle School students spend the entire day at the centers on Saturday.

"The participants really get a lot out of the younger people who volunteer here," Sheer says. "They share their lives and personal histories — war stories, what it was like to be a working mother in the 1950s, first-hand memories of major world events. This gives the students a different way to learn history."

Indeed, in writing a biography of a 90-year-old participant, Sean Howse, a seventh-grader at Stuart Hall, says he "really learned a lot" as the experience brought "history to life."

Wendy Hung, a Sacred Heart seventh-grader, says she likes talking to the seniors about their lives. "It's interesting when they talk about the wars, or what it was like for them growing up."

Hung says she's also learned about herself by volunteering at the center. "People tell me I'm patient, which I really never knew before," she says.

Sheer is excited about the potential of local school volunteer programs. "The relationships are great, and really help to foster a sense of purpose and meaning for the older adults, talking about their lives and feeling that there is receptivity."

The UCSF/Mount Zion Center on Aging is an affiliation of the service programs of the Mount Zion Institute on Aging and the health care and academic programs of UCSF. The centers are open four hours a day, Monday through Saturday. For more information about the Adult Day Health Center, the Alzheimer's Day Care or the school community service programs, call 750-5330.

Budget *(from page 8)*

ternal financing needed to pay for projects.

To achieve an operating gain of $15 million in 1994-95, the Medical Center has to make an across-the-board cut of $9.6 million. Managers have been asked to reduce their budgets by 3 percent. Specific projects are targeted to achieve $8 million more in savings.

The Medical Center also must adjust finances for two significant trends: fewer patients and payments that lag far behind inflation cost due to pressure from third-party payers (commercial insurers and self-insured employers).

Inpatient volume is not expected to increase and may continue to erode, reflecting an overall decrease in hospital stays throughout the Bay Area. The number of patient days is down by 32,000 or 16 percent since 1990-91 while staffing, adjusted for services formerly purchased outside the Medical Center, has grown by 72 full-time employees or 1.5 percent. This year alone, the number of patient days fell by 10 percent and admissions dropped by 6 percent, according to Bruce Schroffel, director of operations. "We think the decline is largely due to the impact of managed care," he says, adding that the recession, home patient care and other factors influence patient base.

In any case, Schroffel is working on a plan to create flexible budget reports that include variable staffing scenarios to help managers assess the financial impact of a decreased patient load. The system will be piloted in environmental services before it is implemented throughout the organization.

Failure to counteract these trends will mean a loss of $2.6 million in addition to the $15 million set aside for capital improvements in 1994-95, Kerr said. "Therefore, we must identify and implement sufficient financial improvements to close a projected $17.6 million funding gap."

Financial improvement process

Managers will continue working through the Financial Improvement Process, an effort initiated in 1991 to streamline operations, cut costs and prioritize capital needs while improving the efficiency of health care delivery.

For example, Jane Hirsch, assistant director of nursing peri-operative services, is leading a multidisciplinary committee to improve the effectiveness of the operating room. One of her goals is to schedule operations more accurately to better serve patients.

"Sometimes there's a problem with over- and underestimating the time for operations," she says. "When it's underestimated people are delayed treatment and when it's overestimated the next patient might be unavailable and the room stands empty."

Other cost-cutting measures include:

- Streamlining patient administration to increase net cash collections while improving service and operating efficiency in all areas which affect billing and collection.
- Working to maximize net revenue from managed care contracts while minimizing complexity of meeting contractual terms.
- Preparing and distributing reports that better meet managers' needs.

Lakeshore *(from page 8)*

Friday, the office has evening hours on Mondays and Wednesdays until 7:30. The office is convenient, as it has plenty of parking and is easily accessible by public transportation.

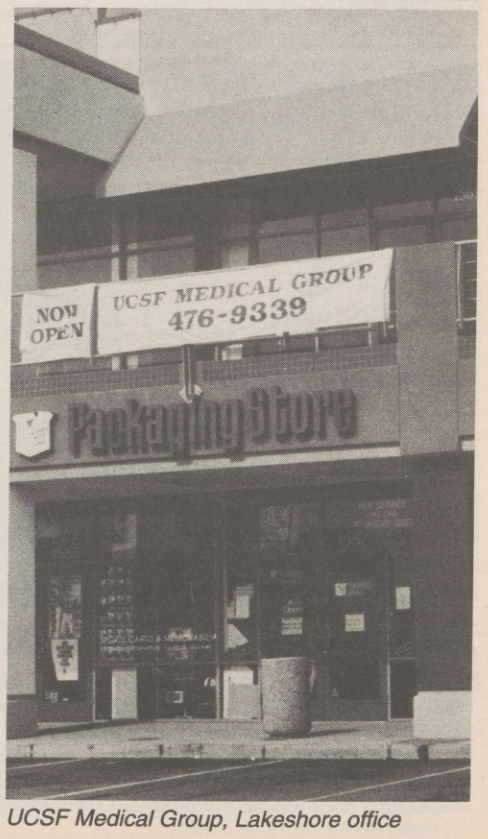
Eric Vega, a licensed vocational nurse, says patients like the Lakeshore office because "it's not as crowded and it's not as hectic" as going to a large hospital.

Longtime Parnassus patient Raul Castaneda of Daly City says coming to the Lakeshore office is a pleasant change. "I usually take public transportation and it cuts my traveling time in half," he says. "I think this is a very nice office. It's a more relaxing atmosphere and I don't have to wait too long to be seen."

Indeed, decorated in soft rose and teal blue colors, the reception area looks like a living room. Occupying 11,000 square feet, the office houses 28 exam rooms, two therapy rooms, two procedure rooms and doctors offices which are organized around the central reception area which makes it easy for doctors to share staff and space while diffusing departmental lines.

"There's a lot more integration," says Buretta, a nurse for 20 years who helped plan the office design. "We have a group feeling that I think is really unique."

For more information on the Lakeshore practice, call 476-9339.



UCSF Medical Group, Lakeshore office

Volume 9, Number 11 June 4-24, 1994

UCSF Medsounds

Page 1 ... School of Medicine awards Gold-Headed Cane

Page 1 ... UCSF co-chairs AIDS Walk set for July 17

Page 1 ... Home services expands with Chartwell partnership

Medsounds is a section of *Newsbreak* for and about employees of the Medical Center, including Moffitt-Long, the ACC, Mount Zion and Medical Center employees at Mission Center and Laurel Heights.

Meeting the managed care challenge

UCSF Medical Center plans 1994-95 budget

As national leaders debate how to reform health care to provide access to quality, cost-effective services, UCSF Medical Center officials are making changes to a managed care system to stay competitive.

Academic health centers are particularly challenged to adapt to the managed care marketplace because their multiple missions in education, research and patient care have traditionally afforded them the freedom and flexibility to operate on bigger budgets. But the industry's move toward managed care, referring to health maintenance and preferred provider organizations that control cost while providing quality care, means academic health centers will have to reevaluate how they operate.

"I think it's going to be very different and we should be prepared for some pretty radical changes," says Larry Smith, who will begin work as director of finance at the Medical Center later this month. "Over the next few years, the question will be, where does an academic medical center fit in with health care reform?"

UCSF is working to define its role providing primary and secondary care within the Bay Area and tertiary care throughout Northern California, in part, by assessing its current alignments of health plans, hospitals and physicians and by pursuing affiliations with those deemed to be mutually beneficial.

Determining its role in the rapidly changing health care environment is one of several goals outlined by Bill Kerr, director of the Medical Center. He highlighted the strategy to succeed in a managed care system recently when he discussed the 1994-95 budget. "It is important that managers, faculty and staff understand the goals we seek and the challenges we face in an increasingly competitive marketplace."

A critical goal is improving the service for patients and their families since they will continue to make decisions about health plans and providers based on satisfaction. In the early 1980s, UCSF began the Service Excellence Program to improve courtesy, waiting times, access to services and communication between health care workers, patients and families. Those efforts will need to be reinforced and expanded for the '90s.

Other major goals are: developing a better process for common decision making between the School of Medicine, the Medical Group and the Medical Center; establishing a primary care network to manage patients under UCSF control; and revamping operations within the Medical Center to cut costs.

Preparing the budget

Despite a significant decline in the Medical Center's patient census, officials are projecting an $18 million gain this year largely due to a better-than-expected payer mix coupled with cost-cutting measures throughout the organization. Total operating revenues for the 1994-95 budget are projected at $500 million, 41 percent of the $1.2 billion total campus budget. And although this puts the Medical Center in an enviable financial position to adapt to changes under health care reform, managers will still have to make sacrifices in spending.

"Our strength affords us the opportunity to make thoughtful, careful decisions," Kerr says. "Our window of opportunity is relatively brief, however, and we must begin the process of change immediately, working in partnership with the faculty to shape a future which meets our clinical and educational goals."

The Medical Center's future involves generating a $350 million capital fund over the next few years to build facilities, such as a clinical cancer center, and to update information systems and technology for diagnosis and treatment. It is expected that the capital improvement plan will be funded by annual operating gains along with external borrowing. Annual gains of 3 to 4 percent of total operating revenue are required to obtain ex-

(See Budget on page 7)

Building bridges between generations

While the differences in their ages average seven decades, the "generation gap" between seniors who are members at UCSF/Mount Zion Center on Aging and local students who spend time with them is no obstacle.

In fact, the amount of years between them is part of the magic that brings them together.

"The intergenerational exchange between them is beautiful to see," says Megan Sheer, recreation therapist for the Alzheimer's Day Center, one of two programs offered through the Center on Aging. "It is the epitome of our student volunteer program."

Children volunteer to interact with seniors participating at the Adult Day Health Center and the Alzheimer's Day Center. As part of a school community service requirement, students from Convent of the Sacred Heart and Stuart Hall schools, and Roosevelt Middle and University High schools in San Francisco come to the centers to help out in any way they can —assisting with serving lunch, singing along in music therapy, helping with art projects and playing games, among other things.

Victor Lau, a Stuart Hall seventh-grader, thinks the experience is worthwhile and he's planning to volunteer again next year. "I like helping the elderly and discovering ways to understand them better," he says.

Offering the largest community-based program of comprehensive health for Northern California's aging population, the UCSF/Mount Zion Center on Aging serves 10,000 non-hospitalized seniors a year.

Stuart Hall seventh-grader Victor Lau helps Lorena, a participant in the Alzheimer's Day Center, do some painting.

"We offer medical care with nursing supervision to monitor health and to coordinate care with physicians and families," Sheer says. "At the Alzheimer's Center, our recreational activities are designed to help people with memory loss stay healthy and engaged."

The centers provide daily exercise and occupational, physical and speech therapy to those participants who show a need. "We give participants, their family members and other caregivers professional advice about planning for ongoing care, covering everything from coordinating home-delivered meals to getting the doctor they need," Sheer says.

Participants get rides to and from the center and a hot lunch. More than 100 people are enrolled in the program.

About four students from each school spend an hour-and-a-half a day at the centers. Some

(See Volunteers on page 7)

Lakeshore practice hosts open house

The UCSF Medical Group, Lakeshore office will host an open house for UCSF employees from 4 to 7 p.m. on Tuesday, June 14.

Part of an effort to make primary care services more convenient to the public, the Lakeshore office brings basic health care to people of all ages.

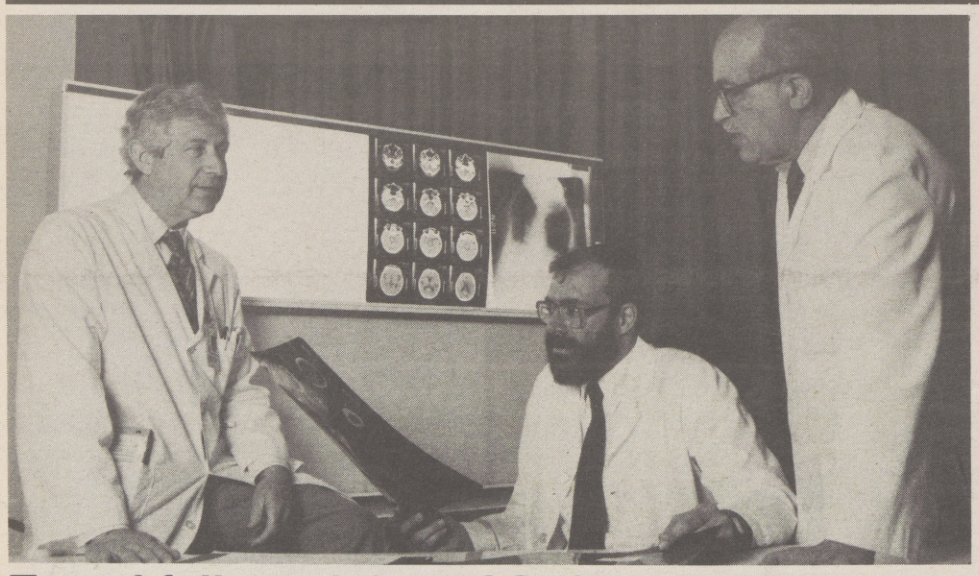
Located on the second floor of the Lakeshore Shopping Plaza on Sloat Boulevard near 34th Avenue, the office opened May 2 as a collaborative group practice for family medicine, general internal medicine, dermatology and behavioral medicine. The office will add pediatrics and radiology services in mid-August, according to Carolyn Buretta, site manager.

Headed by physician Tom McAffee, the Lakeshore practice is the third UCSF satellite, including centers in Daly City and Santa Rosa, operated by the Ambulatory Care Center. When fully functional, the office will expand UCSF's primary care capacity, enabling it to accommodate about 10,000 more patients.

"Increasing primary care is the cornerstone for health care reform," says Ya'aqov Abrams, a family physician and faculty member since 1990. "One of the biggest problems is there are more specialists than primary care providers when most health needs can be served by primary care physicians. It's more cost-efficient."

Open 8 a.m. to 4:30 p.m., Monday through

(See Lakeshore on page 7)



Zemel fellow visits UCSF/Mount Zion

This year's Billie Zemel Israeli Oncology Fellow Norman Isaac Heching (center) recently reviewed patient x-rays with UCSF/Mount Zion oncologists Alan Glassberg (left) and Ernie Rosenbaum, clinical professor of medicine and research associate, Cancer Research Institute. The Zemel fellowship, based at the UCSF/Mount Zion Hospital, provides funds for a post-doc from Hadassah Hospital in Jerusalem to travel to cancer centers throughout the United States, attend national medical meetings and increase cultural exchange.

Transplants: Fighting odds of fatal diseases

Friday the 13th was Valerie Tong's lucky day.

That's when a donor with matching bone marrow was found to treat her leukemia. The Richmond resident received the transplant at UCSF on May 25, just months before she may have died.

"Valerie would have been in very big trouble without the transplantation because she had not responded well to other forms of treatment," says Charles Linker, director of bone marrow transplantation.

With fewer than 50,000 Asians out of a total of 1.2 million registered as potential donors in the National Marrow Donor Program (NMDP) as of April 1994, the odds of finding a match for Tong, 37, were one in a million. That's why a national effort is underway to recruit major racial and ethnic groups as potential donors to make the registry more representative of the diverse population.

Tong's search for matching bone marrow is experienced daily by thousands of patients with blood diseases who pin their hopes for survival on finding a stranger with matching bone marrow. Found in hollow bones, such as the hips, bone marrow produces platelets, red and white blood cells — the main agents of the body's immune system.

After getting a bone marrow transplant at UCSF last year, leukemia patient Tracy Van Ryswyk, 27, has experienced a remarkable turnaround. "I was lucky," says the San Franciscan. "They found bone marrow that came very close to matching mine."

The likelihood of finding a match between

(See Donor on page 8)

NMDP Registry

African Americans	67,555
Asian/Pacific Islanders	50,774
Hispanics	70,811
Native Americans	13,838
Whites	1,004,795
Total potential donors	1,207,773

Source: National Marrow Donor Program figures as of April 1994